



LEO CARRILLO RANCH HISTORIC PARK

Leo Carrillo Ranch Historic Park is a unique setting to learn, play and explore. This fall, the City of Carlsbad is offering a variety of classes for all ages and interests. Enjoy a fun and memorable experience among the tranquil beauty of Carrillo Ranch.

YOGA

[Yoga Rascals](#) Come on a yoga adventure with Yoga Rascals! Classes are imaginative, creative, and designed for ages 5 – 10. Students learn a variety of yoga poses & poems as well as breathing and relaxation techniques.

[Yoga & Sound](#) Move through a series of yoga poses balancing strength and flexibility while promoting a state of peacefulness. Class concludes with a deeply relaxing sound bath meditation. Ages 16+

WRITING

[Creative Writing](#) Young writers ages 7-12 will observe, write, and explore the great outdoors in this hands-on, experiential afterschool program. Inspired by Leo Carrillo's book, *The California I Love*, participants will deepen their relationship to nature and identity through various types of writing.

[Novel Writing](#) Join us for National Novel Writing Month. Set your word-count goal for the week and draft your novel right at the Ranch. We'll help you track your progress. Plus, get support and feedback from a published author and a community of fellow writers. Ages 16+

[Reflect & Write](#) Join us once a month as we take in the beauty of the Ranch around us and allow it to inspire some reflective writing. Participants will observe, write, draw, and reflect on their own personal experiences to deepen their relationship to nature and self. Ages 16+

SPECIAL INTEREST

[Discovery Days](#) Join us for educational programs exploring animals, nature, and yoga designed for ages 2 to 5. Sessions will be interactive and engaging followed by free time socializing in the picnic area.

[Radical Reptiles & Friends](#) Children, age 5-12 are introduced to a menagerie of live animals including snakes, frogs, turtles, tortoises, lizards, bugs and other creepy crawlies. Kids will have a unique hands-on ranch experience enhanced by art, games and various projects related to these creatures.

[Native Plants Talk](#) Learn the "new normal" concept of gardening and appreciation of native plants in the garden and the wild. Learn about some of the most iconic California native plants in this free all-ages class.

SEWING

[Adult Sewing](#) This 4-week, evening workshop will focus on providing students who have some experience working with patterns an introduction to costuming. Students bring fabric and a costume pattern appropriate to their skill level.

[Sewing All Levels](#) This 75-minute class is designed to teach children how to sew by hand and by sewing machine. Students will learn the basics by completing a series of smaller projects. No experience is needed Ages 6+

[Costume Construction Camp](#) Make something for Halloween in this October school break camp! Students who know the basics of machine sewing bring to class their choice of pattern, fabric, and notions needed (elastic, zipper, etc.). Machines provided or bring your own. Ages 7-18