Thank you for volunteering to make fabric face coverings for those in need during the COVID-19 public health emergency.

Safety First

To help protect public health, please follow these steps:
- · Do not make face coverings if you or anyone in your household is ill.
- · Prior to cutting your fabric, please wash the fabric before you start.
- · Clean your work area by wiping down all surfaces prior to beginning your project.
- · Wash your hands before handling your fabric.

Instructions

Gather your supplies

Face covering pattern
Sewing machine
Scissors Pins or clips
Tightly woven, 100% cotton fabric
Each face covering requires one piece of fabric measuring 12-3/4" x 9-3/4" which allows for a 3/8" seam allowance. Once completed the mask will be 6" x 9"
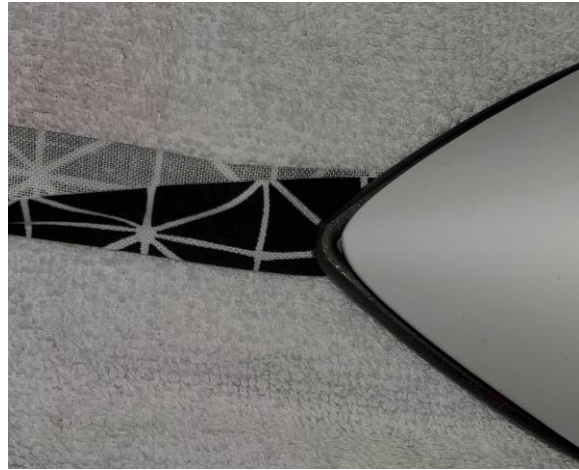Four strips of fabric 18" by 1-1/4" (perpendicular to the selvage)
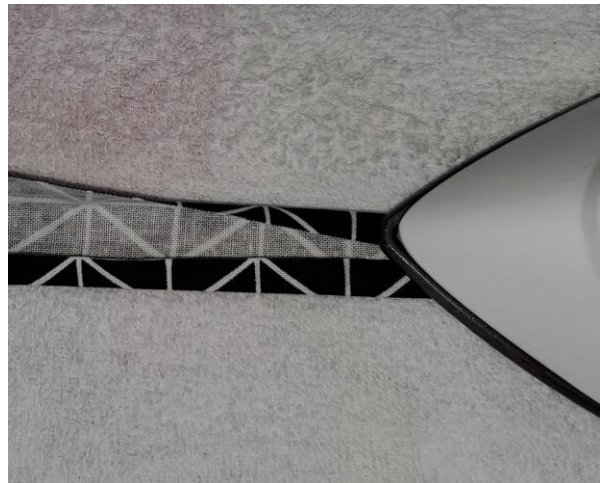Thread (any color)

NOTE: If you have collected a kit from City Hall everything you need will be included

<u>Make your ties</u> – using your four fabric strips (18" by 1-1/4" size)

1. Fold the strip in half (wrong sides together) and iron

2. Fold the two long edges in toward the center and iron. Fold raw edges together to make a width of approximately 3/8th

3. Topstitch down center of tie to hold in place. Make sure to backstitch both ends

NOTE: If you are using double-fold bias tape, topstitch following step 3 directions

Make your face cover

1. Begin by folding 12-3/4" x 9-3/4" fabric piece in half (wrong side together)
2. Press with an iron

3. Open fabric with right side up. Pin a tie to each of the four corners. Fold the other portion of the fabric over and secure with pins. Ensure the ties are free of the stitching line

4. Sew the folded fabric together using a 3/8"seam allowance, leaving a 2" opening along the long edge. Make sure to catch each tie at each corner securely. Go over the ties twice
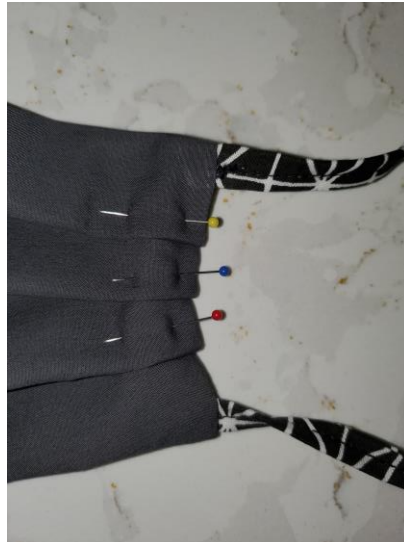
5. Turn the face covering right side out through the opening. Pull the seams out to form a neat rectangle (if needed, use a dull unsharpened pencil or other tool). Tuck the seam allowance at the opening in place. Press with an iron.

6. Use pins to mark the location of the pleats as follows: Place first pin 1" from the top of the mask place (short side). Place the next 5 pins 3/4" apart. Repeat on opposite side

7. To form the pleats, start at the top of the mask. Line up the first pin with the second pin, fold pleat up towards the top of the mask and secure with pin. Line up the third & fourth pins to form the second pleat. Repeat to form last of the 3 pleats. Repeat on opposite side. Ensure your pleats are all folded in the same direction. Examine back side to ensure the pleats are lying smoothly

8. Top stitch all around the edge of the face covering, about 1/8" from the edge. This will secure the pleats and close the opening. Optional: Stitch a second time for added stability

All done!

Put your finished face coverings in a Ziplock bag or a paper bag. Please be sure to complete your volunteer waiver and email to volunteers@carlsbadca.gov.

Drop off completed face coverings at:

City Hall
1200 Carlsbad Village Drive
Monday through Friday
8 a.m. to 5 p.m.

Thanks!
Please share photos and videos of your work on social media with the hashtag #Care4Carlsbad and #Sew2Care